



RSU 16 Adult Education & School News



Mechanic Falls ~ Minot ~ Poland

Fall 2024



MECHANICFALLS.MAINEADULTED.ORG

Dear Community Member,

Happy Fall!! Fall is one of my favorite times of the year. The time for sweaters, pumpkin spice and apple picking. A time for the colors to change to reds, yellows, golds on our horizons. It's also a time for folks to think about school. Whether it's going back to school or a new beginning, it signifies learning. You might be thinking about finishing your high school diploma, learning a new skill or hobby! You might also be looking to change careers or goals. This is a perfect time of year to put these dreams or goals into action! RSU 16 Adult Education is offering a full menu of interesting and exciting classes for your enjoyment and educational support this semester. Please join us for another exciting semester of classes. Please check our website for any last-minute changes and as always feel free to contact our office by phone or by email.

Similar to our past brochures, the second half of this booklet is focused on sharing information, events and accomplishments in RSU 16 schools. Beginning on page 12 with an introduction by our Superintendent, Amy Hediger, you will find facts, updates and noteworthy news from our larger District in an effort to keep our Tri-Town residents informed, not only about the excellent work happening in our schools, but also about ways you may be impacted by the work going forward.

We look forward to seeing you all this fall!

Sincerely,
Shelli Pride & The RSU 16 Adult Education Staff
(207) 345-3217, spride@rsu16.org

Register Now! Online, by mail or in person.

Many classes require a minimum number of pre-paid registrations to run. Don't wait!

Registration Form

ADVANCE PAYMENT IS REQUIRED to secure your spot!

Register online or send this form with check/money order payable to RSU 16 to: Adult Education, PO Box 129, Mechanic Falls, ME 04256

Date _____ Email _____

Name _____ DOB _____

Phone _____ Cell _____

Mailing Address _____

Town and Zip _____ How did you hear about this class? _____

Course(s) _____ Fee enclosed \$ _____

RSU 16 Adult Education observes FERPA and HiSET® regulations, Equal Opportunities in Education and Employment Laws. Individuals who may need accommodations are asked to place their request with the Adult Education office at least 10 days prior to the start of class.

Fall 2024 Learning Opportunities

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We want to hear from you!



Is there a class you would love to take but can't find offered anywhere? Or maybe you have a skill you would like to share with others! Please share your thoughts with us by doing one of the following:

- Scan the QR code to the right to submit your thoughts

- Call 207-345-3217 or
- Email us at rsu16adulthood@rsu16.org

Exercise & Outdoor Recreation

Zumba with Erin Hamlin

The class that started the dance-fitness revolution and changed the way we look at a "workout" forever. It's fun, effective and best of all? Made for everyone! It is a dance fitness cardio class with roots in Latin rhythms. Wear sneakers and comfortable clothes, bring water and a towel. Erin has been teaching Zumba since 2014, with hundreds of students across Maine and beyond! Learn more about her and her classes at: <https://www.zumba.com/en-US/profile/erin-hamlin/1091680>

Instructor: Erin Hamlin
Mondays, 9/16 - 12/22; 6:00 PM - 7:00 PM
Location: ESS Gym
Fee: \$75



Tai Chi with Christine O'Donnell

Tai Chi is a form of exercise that combines breathing techniques and slow, deliberate movements intended to improve health and muscle tone. Practicing the gentle movements of Tai Chi can calm the mind, strengthen the body, and improve balance. Let Chris be your guide as you work alongside her toward a more peaceful and flexible self. Chris has been an active participant in Tai Chi for over 15 years. All ages and fitness levels welcome!

Instructor: Christine O'Donnell
Tuesdays, 9/10 - 10/29; 3:45 PM - 4:45 PM
Location: ESS Gym
Fee: \$60

Assisted Stretching Class

This class brings the newest revolution of stretching to our area. Assisted Stretching is changing the way we approach stretching. It's easy, guided and works the whole body with effective longer lasting results. Increase flexibility and mobility, decrease possibility of injury, increase recovery time. If you haven't tried it, you are in for a fun, new learning treat. Wear comfortable clothing and bring a Yoga mat. We will be on the floor. Brought to you by Deborah Housley, owner of Stress Waived Massage, where she has been incorporating stretching for over 30 years. Learn more at: www.grabliflife.info. This is a 2-hour class. Must work in pairs.

Instructor: Deborah Housley
Tuesday, 10/1; 6:00 PM - 8:00 PM
Location: Poland Town Hall
Fee: \$15 per person or \$30 per pair



Birds of the Backyard and Backwoods

Back by popular demand! Join Alan, president of the Poland Trail Committee, as he discusses equipment, techniques, and apps for watching birds, as well as bird behavior and more.

Instructor: Alan Audet
Wednesday, 10/16, 6:00 PM - 8:00 PM
Location: Adult Ed Learning Center
Fee: \$10

Just for You



Boating Safety

This is a comprehensive, introductory course designed to meet the educational needs of recreational boaters and includes specific requirements established by Maine Boating Laws. The “Boat America” safety course meets NASBLA standards, is endorsed by the State of Maine and meets requirements to obtain your Maine Boating Safety Certificate card, which will be awarded after successful completion of the exam at the end of class. Please see our website for more details. Please bring a lunch.

Instructor: Boat America
Saturday, 11/9, 8:30 AM - 4:30 PM
Location: Adult Ed Learning Center
Fee: \$45 (Manual Included)

AI Fundamentals:

A Beginner's Guide to Artificial Intelligence

An introductory session that breaks down the basics of AI, including its types, uses, and pros and cons. This course will also discuss prompt engineering and popular educational uses of AI. Wednesday, November 20, 6-7pm. Registration: \$5;

Instructor: Jill Mathieu, RSU16 Curriculum Coordinator
Wednesday, 11/20, 6:00 PM - 7:00 PM
Location: Adult Ed Learning Center
Fee: \$10



Free Online Workshops Presented by Finance Authority of Maine

Adulting 101 – Money Starts

Adulting is tough. Finances can be one of the trickiest parts of adulthood. Whether you've been Adulting for decades or are just getting started, banking basics, spending plans, credit scores and useful tools and apps are available to make the whole Adulting thing a little bit easier. Join Steve Kautz, Financial Education Programs Specialist from the Finance Authority of Maine for this 1-hour virtual workshop as we dive into some adulting money basics together. Wednesday, October 9, 6:30-7:30 PM. Zoom link will be sent upon registration.

Adulting 102 – Money Grows

So, you're on a budget, managing a bank account, and wondering about the next steps in your financial journey. In Adulting 102, we will look at the differences between saving and investing, and if you are ready to invest, how to get started. Other topics will include protecting your assets (insurance), advanced budgeting, and understanding the role economics plays in our financial life. Join Steve Kautz, Financial Education Programs Specialist from the Finance Authority of Maine for this 1-hour virtual workshop as you take the next steps into adulting. Wednesday, October 23 10, 6:30-7:30 PM. Zoom link will be sent upon registration.

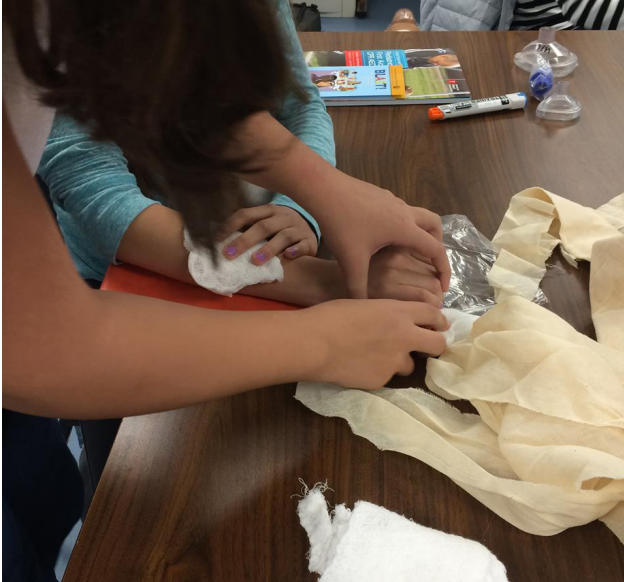
Check out famemaine.com for more workshops!

Don't wait to Register!

Many classes need a minimum
number of registrations to run!



Just for You



CPR

The CPR class includes adult, child and infant CPR and AED use, adult child and infant choking, and how and when to call emergency services. The course cost includes use of the manikins, video, certified instructor, practical components, and a certificate of completion. The video portion has been shortened, and the practical time has been increased to ensure everyone has enough time to gain confidence in their skills. This class is taught to the standards established by the American Heart Association. The workbook is not included in this class. If you would like a workbook, please indicate on your registration form (one workbook covers CPR and first aid). Cost is \$10 for the book.

Instructor: Charissa Kerr, AHA CPR & First Aid Instructor
Wednesday, 11/13; 6:00 PM - 9:00 PM
Location: Adult Ed Learning Center
Fee: \$60

Babysitter Certification

For youth ages 11-15 who want to become responsible babysitters! This course is taught by a certified EMT-I, 911 Dispatcher and mom. The goal is to provide youth with the knowledge and skills necessary to prevent accidents and respond to emergencies while supervising younger children. They will learn basic care, child safety and first aid skills as well as receive CPR training! Participants will receive a take-home babysitter manual, a CPR manual and a course completion card at the end of the class. Pre-registration is required in order for the instructor to be prepared with enough materials. Participants should bring a snack and water bottle.

Instructor: Grace Gendron
Saturday, 11/19, 9:00 AM - 1:00 PM
Location: Adult Ed Learning Center
Fee: \$55

First Aid

This class includes basic instruction for medical emergencies, bleeding that you can see, bleeding you cannot see, treating for shock, and how and when to call emergency services. This class is taught to the standards established by American Heart Association using a blend of PowerPoint and video, instructor and practical components. Participants will earn a certificate of completion. (Workbook not included, but can be purchased. Please ask when registering and bring \$10 cash to class.)

Instructor: Charissa Kerr, AHA CPR & First Aid Instructor
Wednesday, 10/23; 6:00 PM - 8:30 PM
Location: Adult Ed Learning Center
Fee: \$45

Estate and Long-term Care Planning

The time to plan is now! Should you have a Power of Attorney? What should you consider when drafting a will, making gifts, or transferring assets? Sometimes our actions can have unintended consequences. Laws, regulations, and healthcare issues surrounding the elderly are complicated. Learn the facts and what to consider as you plan for the future. Jim Pross is an attorney from the Elder Law Offices of Kienitz & Pross, PA.

Instructor: Jim Pross, Esq.
Wednesday, 11/6; 5:30 PM - 7:00 PM
Location: Adult Ed Learning Center
Fee: \$5

Medicare 101

Part A, Part B, C and D? It can all be so confusing! Which one covers what and how do you know what you need? If you are turning 65 soon, this Seniors Plus class is for you! Join Community Services Specialist, Brandi Connor-Vargeson, as she focuses on Medicare to help you sort everything out in order and make informed decisions!

Instructor: Brandi Connor-Vargeson
Wednesday, 10/2; 6:00 PM - 8:00 PM
Location: Adult Ed Learning Center
Fee: Free, but pre-registration is required

Just for You



Learn to Knit

This class will focus on learning to cast on stitches as well as learning the knit and purl stitch. So bring a pair of size 8 knitting needles and a skein of 4 ply yarn. Once you've mastered the basics, the fun begins! Donna learned to crochet & knit as a teen; now she pursues her passion for crochet in retirement and loves to share it with others.

Instructor: Donna Marshall
Wednesdays, 9/25 & 10/2; 6:00 PM - 7:30 PM
Location: Adult Ed Learning Center
Fee: \$10



Real Estate Sales Agent Course

The Center for Real Estate Studies

To qualify for a Sales Agent License in Maine, individuals must pass a 55-hour Sales Agent course and the Maine Real Estate Licensing Exam. After successful completion of both, students are eligible to apply for a Sales Agent license through the Designated Broker of a company they will be affiliated with. This online, self-paced course must be completed within one calendar year of registration and is meant for individuals who have an interest in buying and/or selling real estate or who may be considering employment in a related field. Instructor support is available throughout the course. Online materials and fees are included in the \$370 course cost. Upgrade to a hard copy of the text for \$25.

Instructor: The Center for Real Estate Studies
Online Self-Paced Course
Fee: \$370 (Additional \$25 for hard cover text)

Don't wait to Register!

Many classes need a minimum
number of registrations to run.

Call now or visit

www.mechanicfalls.maineadulted.org

Substitute Teacher Training

Are you interested in becoming a Substitute Teacher for RSU 16? This engaging training is for anyone considering the opportunity, as well as for those already working as a Sub. No experience or degree required! We will cover general procedures, classroom management expectations, tips & tricks, lesson plans, health and safety, and the application process. Participants who are later hired by RSU 16 will be eligible for compensation for attending!

Instructor: Amy Hediger, RSU 16 Superintendent
Thursday, 10/10, 9:00 AM - 11:00 AM
Location: Elm Street School Conference Room (via main entrance)
Fee: Free, but pre-registration is required



Career, College and Training

Call us at 345-3217 for help getting connected to resources that can help you prepare for your next steps in education, job training and/or better employment

Career & Workforce Exploration

Suzette Moulton, CCSP

Are you considering your career options? Let us help you get to know yourself better! Suzette will guide you through self-exploration, including career values, interest assessments, and even your search for a college or training program. Open to all future-minded youth and adults who are considering career options. Please call 345-3217 for an appointment with Suzette, our Certified Career Services Provider. Registration: 4-week session, \$50. Free to unemployed tri-town residents.

College and Career Success

Whether it's college or employment, we know the application process can be complicated. Call us to get connected to advising services here or in our wider network of resources. Help is available for finding workforce training and community resources to help you succeed. Or maybe you're already in a college or training program and need support to continue successfully. Let us help you – or find someone who can!

Real Estate Opportunity

Are you interested in a career in real estate? Don't miss our Sales Agent course on page 7!



Computer Classes

Email Basics

Suzette Moulton

Everyone asks for your email address these days! Do you need help navigating the whole email process? In this class, you will create an email address for yourself and learn the basics of sending and receiving messages. Practice opening, replying and forwarding email so you can communicate with friends, family and professionals. Start anytime! Please call for an appointment. Registration: four 1-hour sessions \$40.

Keyboarding/Typing

Suzette Moulton

A favorite for many of our learners, from those with no typing skills to those who can type proficiently! Work at your own pace to increase speed and accuracy based on your own personal goals. Start anytime! Please call for an appointment. Registration: eight 1-hour sessions \$50.

Learn at your own pace based on your own needs in a friendly, informal setting.

Career, College and Training



Academy of Medical Professions

Many options are available for attending, including in-person labs, online and self-paced classes. Payment plans are also available! FMI, contact Academy of Medical Professions at 866-516-8274 or visit www.academyofmedicalprofessions.com (WIOA, Aspire, CareerCenter, Dept of Labor/DHHS approved vendor)

- Dental Assisting w/ RHS Certification
- Medical Office Specialist w/ CMAA & Billing Certification
- Clinical Medical Assistant with CCMA
- Pharmacy Technician Certification w/ PTCB
- Phlebotomy w/ CPT Certification
- Medical Coding with CPC-A Certification
- Medical Transcription Certificate Program



We want to hear from you!



Is there a class you would love to take but can't find offered anywhere? Or maybe you have a skill you would like to share with others! Please share your thoughts with us by doing one of the following:

- Scan the QR code to the right to submit your thoughts

- Call 207-345-3217 or
- Email us at rsu16adulted@rsu16.org

High School Completion, College and Career

Classroom Schedule: August 28 - December 19, 2024

Monday and Tuesday 9:00 AM – 3:00 PM
Wednesday 9:00 AM – 3:00 PM & 5:30 - 8:30 PM
Thursday 9:00 AM – 3:00 PM

Begin Anytime! Please call for an appointment.

Adult High School Diploma - FREE

Continue your high school education at your own pace by building on previously earned credits through class work and independent study. We provide the opportunity for adults of all ages to continue their learning in a flexible and nurturing environment that works with a variety of busy schedules.

HiSET®

HiSET Preparation and Testing - FREE

Similar to the GED®, the HiSET exam gives adults the opportunity to demonstrate they have knowledge equivalent to that of a high school graduate. Preparation classes, predictor tests and exams are free for those 17 or older. Successful completion of all official exams results in a HiSET credential issued by the State of Maine. Accommodations are available for persons with documented disabilities per Americans with Disabilities Act.



Call us at 345-3217 for more information
on how to start working toward your high school credential!

High School Completion, College and Career

Basic Education


Learn to read or improve reading, writing and math skills. Study for license, certification or citizenship exams; learn English as a second language. Free.

Career & Job Search Guidance

Not reaching your potential? Unhappy with your job? Find career options that would be a good fit for your goals and lifestyle! Our Advisor will guide you through job search strategies and interview skills after helping you to research your interests and aptitudes. Call for an appointment. \$50. Free to unemployed residents.

College and Training Preparation

Going to college or training can improve your chances of getting a better paying job to increase the quality of life for yourself and your family. For high school graduates who plan to enter college or training programs, we can help you meet pre-requisites and brush up on specific skills to increase your confidence! \$50. Free to unemployed residents.



Over 180 students
have graduated
from our program
since 2012.

You can too.

We also have access to free programming designed to help you in a broader sense with a more in-depth college transition experience. Call for more details.

Community Events

Walk a Mile In Their Shoes - Maine

Abused Children in Maine Need a Voice Bill Diamond, Walk a Mile in Their Shoes founder

Kids in Maine's care are suffering abuse and sometimes being killed. The child protective system is leaving caseworkers, foster parents, children, and other stakeholders unsupported. Walk a Mile in Their Shoes was solely founded to prevent the abuse and homicide of children that are involved in the system. We held listening sessions across Maine and would like to share what we learned, and the solutions provided. Join us for a presentation about our work, what we are doing to support children under Maine's supervision, and how you can help stakeholders in need.



Wednesday, October 9, 2024, at 7 PM,
Location: Online - Zoom or Google Meet,
Fee: Free, but please register for link

RSU 16 News



From the Desk of the Superintendent

Dear Community Members,

As summer draws to a close, I am excited to share some of the achievements and contributions from this past summer.

Successful Summer Learning Programs

Our summer learning programs were a tremendous success, offering enriching experiences to students across various age groups. These programs are vital in preventing the "summer slide" and ensuring that students return to school ready to succeed. I am incredibly proud of the progress our students made and the enthusiasm staff brought to their programs.

Dedicated Staff

None of this would have been possible without our dedicated staff. From teachers who crafted engaging and effective lessons, to support staff who ensured every need was met, and transportation teams who safely transported students to and from their programs—your commitment and hard work have been exemplary. Your dedication to our students' success does not go unnoticed, and I extend my heartfelt gratitude to each and every one of you.

Outstanding Food Service Department

Our Food Service Department deserves special recognition. In July alone, they served an impressive 3,576 breakfast meals and 3,919 lunch meals. Their commitment to providing nutritious and delicious meals helps fuel our students' minds and bodies, enabling them to focus on their learning and play. Thank you to the entire food service team for your outstanding efforts.

Custodial, Maintenance and Grounds Crew

Finally, our Custodial, Maintenance and Grounds Crew have been hard at work all summer, ensuring that our facilities and grounds are in great condition for the new school year. Their dedication to creating a safe, clean, and welcoming environment for our students and staff is truly appreciated. The care and attention they have given to our schools are evident, and we are all grateful for their hard work.

As we look forward to the new school year, I am filled with pride and gratitude for our community. Together, we have created a nurturing and dynamic environment that supports the growth and success of every student.

Thank you for your continued support and partnership. I am confident that with our collective efforts, we will make this school year our best one yet.

Amy Hediger
RSU 16 Superintendentf



RSU 16 News

Emma MacMahon, Marlee Sullivan, David Crump, Gabriella Cooper assisted with getting all the High School newsletters out this summer.



Mrs. Eastman, Miss Canty, Miss Martineau, Mrs. Gervais, and Mrs. Shaw visited The Log Yard for a sweet treat after the last day of Camp PCS Summer School.



RSU 16 News

The PRHS Leadership Team, called the Vision Keepers, met this summer to plan for the upcoming school year. They reviewed the commendations and recommendations from the New England Association of Schools and Colleges (NEASC) visit from the spring. PRHS is going through the accreditation process.



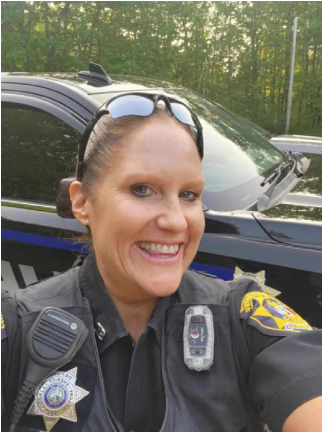
RSU 16 News

Welcome back!

As we step into a new year together, I am filled with HOPE for each of you—hope for your success, growth, and happiness. Let's work together in HARMONY, supporting one another with kindness. Embracing unique perspectives, talents, and experiences that make our community vibrant and strong. Embracing our differences is not just an ideal, but a practice that enriches us all and fosters a deeper sense of connection and understanding. Last year, I asked that you do one act of kindness. You floored me with daily waves and smiles. This caused my day to start with a smile!

This year let's commit to showing one another kindness in every interaction. Small acts of compassion and respect can create a ripple effect, transforming our environment into one where everyone feels valued and supported. By lifting each other up and celebrating our diverse strengths, we can achieve remarkable things.

Together, let us make this year tremendous. Let's dream big, support one another, and build a community where everyone can thrive. Here's to a year of growth, unity, and shared success.



Welcome back RSU 16! As always, I am here if you need me.
Warm regards,
SRO Berni Westleigh



RSU 16 News

Poland Regional High School News



This summer American Legion Post 150 sponsored three PRHS students, Mabel Tyler, Emma Crouse, and Emma MacMahon, to attend Dirigo State. The students learned about Maine government and the legislative process. Emma MacMahon was selected to represent Maine at Girls Nation in Washington, D.C.



The American Legion, Department of Maine Dirigo State is a comprehensive, experiential learning, youth leadership program.

It is designed after the Maine State government, where all students come together to create their own town, county, and state governing bodies. Simply put, Dirigo State is a combination of Boys State and Girls State, but that's just the start. The Legion Family redesigned and strengthened both programs into a unique, first for the American Legion National Family, combined youth government leadership program. The Legion Family feels the union of Boys and Girls State will provide a better experience for all students and a more realistic simulation of Maine State government.

Elise Gagnon and Aslan Bake, PRHS seniors and Lewiston Regional Technical Center (LRTC) students, participated in the SkillsUSA Championship in Atlanta, GA on this summer - Aslan was recognized with a SkillPoint Certificate in Employment Application Process.



RSU 16 News

Elm Street School applied for the Title IA Reallocation Grant to provide students with additional learning opportunities to prevent summer slide. Our application was approved for the second year in a row and 14 ESS staff serviced 62 students in grades PreK-5! We received \$46,095 to fund our program! We also applied for a second grant, the American Rescue Plan, which provides federal stimulus funds to support schools in safely reopening and sustaining safe operations while meeting the academic, social, emotional, and mental health needs of students resulting from the coronavirus disease 2019 (COVID-19) pandemic. This grant provided resources to support our summer program (Farm to Table theme) and outdoor learning. We received \$21,254.48 in funding to purchase these resources that will extend beyond summer learning.

Our overarching theme for our program this year was “Farm to Table”. Students learned about farming, caring for a school garden, and how crops make their way from the garden to our homes. Students visited Goss Berry Farm and were able to tour the farm and learn about a day in the life of a berry farmer in our local community. They also had the unique opportunity to pick blueberries and raspberries giving them a first-hand experience of what it's like to harvest crops while enjoying delicious local fruits. A culminating activity included a family-style meal celebration using the book, “Stone Soup”, as inspiration, as part of our family engagement goal, and a trip to the Coastal Maine Botanical Gardens where students explored the gardens and participated in a “Life Cycle of a Plant” guided tour provided by the educators at the venue.



PreK/K Cohort enjoying the fruits of their labor at Goss Berry Farm in Mechanic Falls



‘Stone Soup’ Family Engagement Event



Summer program students participating in a guided tour at the Coastal Maine Botanical Gardens



Students working in the school garden

RSU 16 News

What's New at Poland Community School!

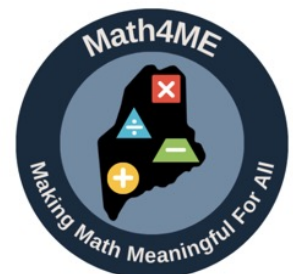
Things have been busy at PCS this summer as we prepare for the 2024-25 school year! One of the most obvious projects has been the paving of our new parking lot! This grant funded project gives us a safer surface to drive, park and walk on, as well as an additional lane for cars to utilize in our driveline! The funds for this project did not cost taxpayers any money!



We also ran our 4 week extended school year program which we called “Camp PCS!” We had 22 students who braved the heat and humidity and extended their reading and math skills! An extra special thank you to our summer school teachers Makenna Canty, Emma Martineau, Abby Gervais, Katie Shaw, and to Amy Eastman for all of her hard work that went into organizing and supervising the program!



Looking ahead at the upcoming school year we are excited to announce that this will be our 2nd year partnering with the Math4ME program. Math4ME is an amazing resource and opportunity for our school community, and is designed to implement evidence-based professional development which increases math proficiency and inclusionary practices for students with exceptionalities and improves instructional practices for educators of all students.



RSU 16 News

RSU 16 School Board News

August 2024

Dear Citizens of Poland, Minot, and Mechanic Falls,

It is with energy and optimism that the RSU 16 School Board looks forward to the 2024-2025 school year. Following a year, which included significant input from staff, community members, and town leaders, we supported the recommendations of the RSU 16 Futures Task Force and engaged in the development of a Strategic Plan. Community engagement is a thread that runs throughout the Strategic Plan and was a key component of the Futures Task Force work. Both groups supported our belief that family and community engagement promote stronger and more sustainable student outcomes. Your support and engagement are more important than ever as RSU 16 works through a challenging budget process and continues to address fixing, funding, and staffing our schools. To provide citizens with information to assist them in understanding educational and budgetary issues, we have expanded the information available on our website, distributed newsletters and mailings, utilized social media, and placed articles in newspapers. We have asked for your feedback on multiple surveys, encouraged public comment at school board meetings and worked toward building stronger relationships with municipal leaders. The RSU 16 School Board is committed to ongoing community collaboration and communication.

As students return to school, the RSU 16 School Board welcomes our new Superintendent, Amy Hediger and Board member, Christina DeSantis (Poland). We are proud of the quality education offered to students and the support for education within our communities. The RSU 16 School Board appreciates the opportunity to support RSU 16 students and to celebrate in their successes. There are exciting and amazing things happening in RSU 16 schools!

Sincerely,
RSU 16 School Board

School Board Members

Mary Martin, Chair
mmartin@rsu16.org

Patrick Irish, Vice Chair
pirish@rsu16.org

Minot:

Angela Swenson, aswenson@rsu16.org
Steve Holbrook, 207-786-5645
Mike Downing, mdowning@rsu16.org
Sarah Robinson, srobinson@rsu16.org
Elizabeth Martin, emartin@rsu16.org

Mechanic Falls:

Jessica Smith, jsmith@rsu16.org
Patrick Irish, pirish@rsu16.org
Steve Turner, sturner@rsu16.org
Mary Martin, mmartin@rsu16.org
Andrea Winn, awinn@rsu16.org

Poland:

Randy Lautz, rlautz@rsu16.org
Christina DeSantis, cdesantis@rsu16.org
Melanie Harvey, mharvey@rsu16.org
Emily Rinchich, erinchich@rsu16.org
Joe Parent, jparent@rsu16.org



RSU 16 Adult Education
P.O. Box 129, 129 Elm Street
Mechanic Falls, ME 04256

Non-Profit Organization
U S Postage PAID
Portland, ME 04101
Permit #454

ECRWSS
Postal Customer

- High School & HiSET Diploma
- Literacy Tutoring
- College Preparation
- Business & Computer Classes
- Career Planning & Preparation
- Enrichment Classes



Scan to browse
RSU 16 Adult Education
courses online!

